



FOUNDED 1906



35th JOHNSON CRANEHIRE PARTICIPANT INFORMATION SHEET

PLEASE NOTE: The 2017 Johnson Crane Marathon, 21km, 10km and 5km will be held at Sahara Park - Willowmore Cricket Ground Harper Road Benoni.

(GPS E 26 11' 44.53 S – 28 19' 10.92 E)

EVERYONE will be finding their way through routes, processes, parking, and pre-race activities..... Please have patience and Please leave earlier than you normally would so that you are not rushed or panicked! We suggest you plan to be at the venue 45 minutes before the start of your race distance! Help us help you help everyone to have a great time!

Race Office – 072 678 2140 - info@johnsoncranemarathon.co.za



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GETTING TO THE START

In an effort to streamline the arrival and parking of the expected 10,000 plus runners (which makes for around 20,000 with their supporters) we suggest you study the proposed routes to the venue. There is ample parking and access from the N12 – (traffic from east use Snake Road which becomes Rangeview Road R23 then into Tom Jones – Traffic from City and West use Tom Jones off ramp) and Traffic using the Rangeview Road R23 from the south west can also approach the venue from Tom Jones going northwards.

DIRECTIONS: FROM JOHANNESBURG

1. VIA THE N17

- Follow the N17 towards Heidelberg Rd/R23 in Brakpan
- Take exit 144 for R23/Heidelberg Road towards Benoni
- Turn left onto R23
- Turn left onto Tom Jones Street
- Proceed to parking area as directed by officials
(venue on cnr Tom Jones Street and Harpur Avenue)

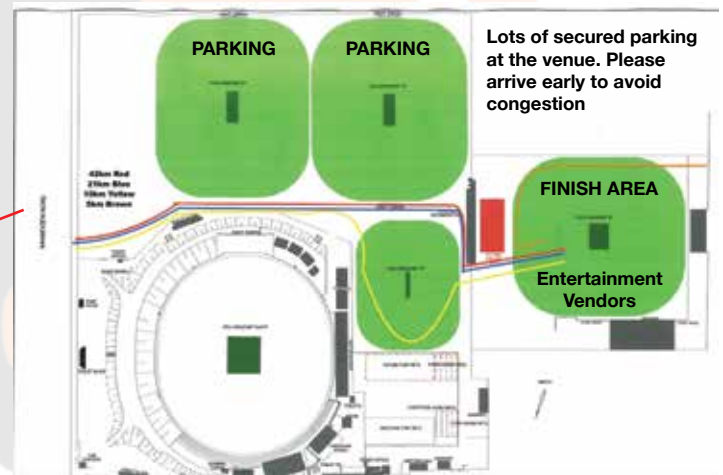
2. VIA THE N12

- Follow the N12 East
- Take the Tom Jones exit and turn right onto Tom Jones Street
- Proceed to parking area as directed by officials
(venue on cnr Tom Jones Street and Harpur Avenue)

DIRECTIONS: FROM PRETORIA

1. VIA THE N1

- Get onto the N1 towards Johannesburg
- Take exit 134 to merge onto R21 towards Kempton Park
- Keep left to stay on the R21
- Take exit 437 for R23/Bunyan Street towards Tom Jones Street
- Turn right onto Tom Jones Street
- Proceed to parking area as directed by officials
(venue on cnr Tom Jones Street and Harpur Avenue)



Entries Area

Above is a marked up field layout showing the possible routes into the venue

PRE-ENTRY NUMBER COLLECTION

- NO Race Numbers Collection on the 29th January 2017 (Race Morning).
- Sportsmans Warehouse, Centurion (012) 665 0768
Collection Date: Wednesday, 25th January 2017 (09h00 to 16h30)
- Sportsmans Warehouse, Fourways (011) 467 0997
Collection Date: Thursday, 26th January 2017 (09h00 to 16h30)
- Sportsmans Warehouse, Boksburg (011) 823 3203
Collection Date: Friday, 27th January 2017 (09h00 to 16h30)
- Willowmore Park, Benoni
Collection Date: Saturday, 28th January 2017 (10h00 to 16h00)

NOTE : Entrants are required to bring their entry confirmation, proof of ID and ChampionChip (21/42) to registration. T-Shirts can ONLY be collected on the above days. Numbers may be collected on race day, but will not qualify for T-Shirt.

LATE ENTRIES

Entries for the 21/42 km are limited to 7500 entrants. If the limit is not reached at close of entries we will take 42 km entries until Saturday, and 21 km entries until race day or until sold out.
NO T-SHIRTS FOR LATE ENTRIES.
5 km and 10 km late entries will be available at all registration days.

IMPORTANT WARNING: ON ENTRIES:

*In recent years some runners have free-loaded on the event and sport by running without entering the race. This breaks the IAAF, ASA, and CGA rules. In some cases this has degenerated into cases of abuse and bringing the sport into disrepute – all of which can not be tolerated:
In discussion with CGA Officials, and Comrades, Benoni Harriers will be working with*

these colleagues to introduce new protocol to ensure that runners who attempt to do this will be disqualified from the race, and their details submitted to CGA who may then take further disciplinary action in terms of the rules of Athletics.

We urge all runners to be aware of ALL rules of the sport, to abide by them and to make this an enjoyable day for all who participate, organise and support the event. Failure to do so requires offenders to be willing to face the consequences.

TEMPORARY LICENSES 2017:

When purchasing a temporary license runner are now eligible for insurance for the duration of the race (only) ... This means it is vital to complete the tear off strip on the number and this must be deposited into the collection boxes at the end of the race before you leave the finish tent. Runners failing to complete the slip or deposit it in the collection box will not be covered by the insurance.

CGA 10KM CHAMPIONSHIP

As a special offering on the CGA 10km Championships Benoni Harriers will have a dedicated entry table for runners who consider themselves contenders for any of the awards in the championships. The intention is that this will speed any entries taken on the day and help in the early identification of results. Runners who enter in the normal 10km tables will also be eligible for the all championship awards, but this move is simply to assist in the results process where late entry details are not readily available and require checking by the officials.

STARTING TIMES

42.2km and 21.1km will start at 06h00. 10km will start at 06h30, and 5km Fun Run will start at 06h45. 1km Kiddies run free entry and starts at 07h00 - adults also welcome!!
The Start is on Harper Avenue for all races.



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SEEDING

There will be the usual voluntary seeding for the whole field of runners, with approximate finish time boards erected at the side of the start location. Please note there will be mat to mat timing used for the mass of runners and this means there is no need to push to be at the front as your qualifying times will be accepted on the basis of the time you cross the start to the time you crossed the finish. **NOTE:** You must cross the start mat within the 10 minutes from the start gun to be an official starter in the race. As per IAAF, and ASA rules prizes will be awarded strictly on Gun to finish mat times only. In addition to the above voluntary seeding runners who meet the following performance times may apply on line (www.johnsoncranemarathon.co.za) to be seeded in the front section

MARATHON:

All runners under 3 hours and women under 3:20

"Good for Age": The following times apply to age and gender runners

Men 50-59 - 3:15

Men 60+ 3:45

Women 40-49 and 50-59 – sub 4hours

Women 60 + 4:40

HALF MARATHON:

All runners sub 90 minutes and all women sub 1 hour 45 minutes:

"Good for age:"

Men 50-59 - 1:45

Men 60 + sub 2 hours

Women juniors – 2:30

Women 40-49 sub 1:55

Women 50-59 sub 2:10

Women 60+ sub 2:30

PRIZE GIVING:

The Johnson Crane 10km doubles as the 2016 CGA 10km Championships. The prize giving for that event will be held at 09:00 with presentations led by the CGA President James Moloi and CGA Road Chair Tracy Mckay. The championship awards will be made to the top open categories, Junior and ten year age groups. (40-49, 50-59, 60 to 69 etc).

The Johnson Crane race prize givings will be held at 9am for the 10km and 21km, and at 11am for the 42km.

Runners are reminded that to qualify for any age group award category tags must be worn on the front and back of the upper body garment above the race number.

TOG BAGS:

Tog bag facilities will be provided for all races. The 5km and 10km Tog bag tent will be located on the finish field to the right hand side as you cross the finish line. 42km and 21km Tog bags can be handed into the trucks at the start / entry area. They will then be transported to the finish area (again to the right side of the grandstand as you cross the finish line) for collection after the race.

KIDDIES SECTION INCLUDING:

- Waterslides
- Jumping Castle
- Under 5 Section
- Sporting Sections (Cricket, Soccer)
- Balloons
- Characters
- And much more!

Refreshment stations (+-2.5km to cater for the heat) will provide Coke and water sachets. Do your bit to ensure that the race is litter free. Dispose your water sachets at the recycling bins at the refreshment stations. Toilets at the venue and at all waterpoints on the route.

21.1/42.2 KM: Route Map and Profile



10 KM: Route Map and Profile



5 KM: Route Map



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